

10th Congress of the European Academy of Neurology - Helsinki 2024

Helsinki-Finland

June 29 to July 2

Scientific Panel on Sleep-wake Disorders Business Meeting - Minute

- **Introduction** – panel members, co-chairs and members of the management group were presented
- **Management Group (MG) & Co-chairs election** early 2024
 - New Management Group.

Co-Chair	Rolf	Fronczek
Co-Chair	Evelina	Pajediene
Management Group Member	Elena	Antelmi
Management Group Member	Stine	Knudsen-Heier
Management Group	Dario	Arnaldi
Management Group / ESRS Representative	Giuseppe	Plazzi
Management Group / RRFs Representative	Luca	Baldelli

- **Panel Task division :**
 - Communication Liaison Luca Bardelli
 - Education Liaison Ambra Stefani
 - e-learning Representative Dario Arnaldi
 - Guidelines representative Elena Antelmi
- **SP related content during EAN 2024 congress** have been shown
- **Topic proposals submission**, EAN Congress – Seville 2025 have been presented and discussed.
(*Final submission deadline for Management Group: July 24, 2024*)
- **Guidelines Topic Proposals.** GLs already published and ongoing were discussed.
 - Narcolepsy, published 2021
 - RLS, ongoing
 - Guideline on Circadian Rhythm disorders: proposal in progress
- **Annual Report & Plan of Action** was presented
- **Burden of Sleep Disorders project update** was presented and opportunities of collaboration were discussed. Panel members were invited to join the project, by contacting scientific@ean.org

- Panel members were informed on status of application: **‘Rare Sleep Disorders’ as a separate ERN-RND disease category**
- Panel members were updated about **Cooperation with other societies:**
 - Update on cooperation within **EAN**: joint proposal with other SOs; EAN CP on Diversity, equity and inclusion; representative [Evelina Pajediene](#)
 - Update from **ESRS** (*ESRS Representative: [Giuseppe Plazzi](#); EAN Representative to ESRS Sleep Medicine Committee: [Stefan Seidel](#); EAN Representative to ESRS Education Committee: [Ambra Stefani](#)*)
 - Updated on cooperation with **ESF**; representative [Ulf Kallweit](#)
 - Update on cooperation with **EU-NN** and **EURLSSG**
 - It was suggested to strenghtened the cooperation with the **International RBD study group (IRBDSG)**
- Panel members were updated about **Educational Activities**
 - ESRS educational committee: ESRS Texbook and somnologist exam update were provided
 - E-learning update: Annual review was presented
- Panel members were acknowledged about the existence of an **International master of advanced studies (MAS) in sleep medicine** (2025-2027). For further information please visit: www.asc.unibe.ch or contact info@asc.unibe.ch
- Panel members were updated about **Resident & Research Fellow Section** activities
- Panel members were updated about **EAN eCommunication** activities
- Round table overview/discussion on how diagnostics and management of neurological sleep disorders are organized in different European countries