# EAN Scientific Headache Panel meeting July 1, 2019 during EAN in Oslo: Minutes (RJ/SE)

# 1) Apologies and introduction

Apologies were received from V Kosta, HC Diener and M Ferrari (replaced by R Frontzek). An introduction of participants (please see attached list) followed.

#### 2) EAN Congress in Oslo 2019

S Evers commented on EAN in Oslo where our headache proposals was very well represented with 1 Symposium, 1 lecture in the Main Symposium, 1 Teaching Course (level 1), 1 Focused Workshop, 1 Controversy, 1 Case Based Session, and 8 Poster Sessions. Likewise the industry was very well represented in the Exhibition and in 3 industry satellite symposia focusing on CGRP antibodies.

#### 3) EAN Congress in Paris 2020

The overarching theme is: **Predict, Prevent and Repair**. Several topics and proposals were discussed and proposed. The near final list of topics and possible speakers is attached ordered by the various sessions and according to the given rules. EHF would like to contribute to a joined session to increase the visibility of the Headache Field and empower the case. The final list of proposals will be submitted by 31 July 2019 by the Co-Chairs. Then it is entirely up to the Education Committee (EC) and the Program committee (PC) to select the proposals. The EC aims to cover all major aspects in TCs in a 5 year period, so it is important to cover all relevant aspects of headache in this term and avoid overlaps. Likewise it is also important to be aware of the EAN election process and be visible in these important Committees, in particular the Headache Panel should be represented in the PC.

### 4) Election of the Management (MG)

The terms of the Co-Chairs are predefined as 4 years and the term for S Evers is running out in September 2019 whereas R Jensen can stay another 2 years. S Evers can continue in the MG for another 2 years according to the rules, so please be aware of this election process. Stefan encouraged the members to apply when the call is opened.

#### 5) EAN Spring School 2020

An EAN Spring School is planned to be held in Austria in May 2020 and the Headache Panel is invited to contribute. S Evers and R Jensen will work on a program proposal and the members are invited to

contribute. In November 2019 there is an EAN Autumn school in Greece and S Evers and others are contributing with lectures and workshops.

# 6) Guidelines (updates and new proposals)

The EAN Guideline (GL) on Trigeminal Neuralgia led by L Bendtsen is now finalized and published (<u>Eur J Neurol</u> 2019; 26: 831-849). The GL on Medication Overuse Headache led by HC Diener is in its final stage, and will be submitted this summer. The GL on TAC's led by A May is still in process but the protocol is fully approved by the EAN SciCom.

A new update of the GL on Pharmacological Treatment of Migraine is highly needed and S Evers and R Jensen will lead the work, but called for members of the working group. Several members voluntered and they will be contacted asap. There has been a memorandum of understanding that the future GLs should be produced in close collaboration with EHF but they have to follow the detailed rules from EAN. The process was discussed and it was proposed that we should aim for a final publication come in parallel in both JHP and EJN. The respective journals and their editors will be contacted for this proposal. EHF will officially be invited to collaborate on this guideline and to nominate co-authors.

#### 7) Cooperation with EHF

As mentioned above there is a prior memorandum of understanding that the chair of EHF is a full member of the MG of the EAN Headache panel and that there is a presence of EHF in the scientific program during the EAN congresses and vice versa? Likewise the EHF wanted to be represented in the new GLs productions so it can be agreed that there is only one European GL for the respective topics. The participants in the ongoing/near finalized GL were approved years ago and represent only EAN. Further, Elena Ruiz de la Torre from European Headache Alliance (EHA) emphasized that a patient representative also should contribute to the GL, this is however part of the EAN guideline process anyway.

EHF is preparing a GL on Temporal arteritis. EAN will be invited to join the authors. Furthermore, the need for an updated GL on the so-called chapter 4 headache types was expressed.

# 8) Headache Education

R Jensen emphasized that there is an unmet need for headache education, especially with the new treatment strategies in Migraine. She presented the Master of Headache Disorders in Copenhagen but requested more information on the many national and local education activities so they can be announced

within EAN. D Garcia, Spain, and J Versijpt, Belgium, asked also for an updated list of educational activities. It would be useful to have an overview of all regular educational activities on headache worldwide Further it is important that we submit breaking news, new publications and other activities within our societies to EAN pages and to EAN websites in order to increase the visibility of headache within EAN.

9) Any other business

None

MUDr. David Doležil, Ph.D.