

Zpráva ze zasedání EAN vědeckého panelu Pain, která se konala 17.6.2018

Dne 17. června 2018 jsem se zúčastnil zasedání EAN panelu Pain, kam jsem byl znovunominován ČNS jako institucionální zástupce.

Schůze se zúčastnilo 8 členů panelu.

1. Výsledky voleb do Management group panelu:

Znovuzvolení Nadine Attal a Giorgio Cruccu jako co-chairs. Do management group byli dále zvoleni Martin Rakusa (Slovenia) a Irana Logina (Latvia).

Giorgio Cruccu byl také nominován jako zástupce EAN k navázání spolupráce s EFIC. Tato spolupráce bude zahájena návrhem nových společných guidelines.

2. Návrhy na workshops, teaching courses, symposia a controversy sessions na příštím EAN kongresu v Oslo 2019.

Byly upraveny návrhy, které byly již připraveny pro EAN sjezd v Lisabonu, ale nedopatřením nebyly odeslány.

- Focused workshop s tématikou neuralgie trigeminu (společný návrh s panelem Headache)
- Teaching course s tématikou Bolest u diabetické neuropatie
- Symposium s tématikou Placebo u chronické a neuropatické bolesti
- Controversy session týkající se small fiber neuropathy a bolesti, a zobrazování u bolesti.

Furthermore a hands on course on neurological/neurophysiological assessment has been proposed by the panel « neurophysiology » chaired by Josep Valls Sole (see joined).

Finally Martin Rakusa has informed us that the panel Neurotraumatology is preparing to send a teaching course proposal on traumatic plexopathies. Three lectures are confirmed: clinics/neurophysiology, US, and rehabilitation. The fourth lecture should concern the treatment of (neuropathic) pain and Martin Rakusa will inform the other panels of our interest for this fourth lecture. This teaching course will be organized by several panels : Neurotraumatology, Neurorehabilitation and most probably Clinical neurophysiology.

3/ Survey on diagnostic difficulties in trigeminal neuralgia (joined proposal with the panel headache)

This survey proposed by Martin Rakusa and Fabio Antonuci (from the panel Headache) has been presented as a e-poster during the Lisbon meeting and will be available on the website of the EAN. It is recommended that panel members propose this survey to neurologists in their countries in order to increase the number of respondents.

4/ Regional teaching course on Pain in Ljubljana (Slovenia)

Ales Praznicar from the pain panel has proposed to organize a regional teaching course on neuropathic Pain annually or biannually for approximately 50 young neurologists. The first teaching course would take place in March 2019. The programme would include sessions on epidemiology, biology, clinical examination, electrophysiology, imaging, treatment and hands on workshops with a total of 10-12 speakers. The EAN may provide some financial support. The board would consist of EAN panel committees members with additional members. Ales Praznicar and Martin Rakusa are still working on the programme and should be able to submit a first version soon.

5/ New joined EAN/EFIC/NeuPSIG guidelines on assessment of neuropathic pain (added and chaired by G Cruccu)

The rationale for these new guidelines relies on the recent advances in this field (the last EFNS and IASP guidelines date 2010/2011). Since then quantitative sensory testing method has been further developed, some techniques (e.g. laser evoked potentials, contact heat evoked potentials, skin biopsy) are now provided with more reliable data on diagnostic accuracy and microneurography is now receiving some limited clinical applicability. Further new findings are also available for questionnaires and other neurophysiological techniques.

These guidelines will include questionnaires, quantitative sensory testing, neurophysiological testing, skin biopsy and neuroimaging techniques (other diagnostic approaches may be included, e.g. peripheral nerve blocks and intravenous drug infusion tests).

A very preliminary composition of the task force for EFIC and NeuPSIG may include: Chris Eccleston, Thomas Tolle, Elon Eisenberg, Luis Garcia-Larrea, Nanna Finnerup, Ralf Baron, Rolf-Detlef Treede, Jordi Serra, Turo Nurmiikko. Other members are expected to join the team. EAN members participating would first include Andrea Truini, Nadine Attal, Josep Valls-Solé. Other EAN members may be proposed after the pain panel.

Prof. Josef Bednařík