

Neuroimaging in dementia

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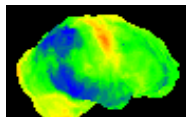
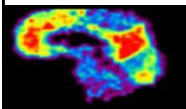
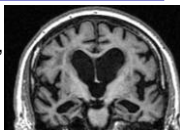
Disclosures

- The Alzheimer Centre has received funding from: AEGON, ZONMW, Alzheimer Nederland, Stichting VUmc Fonds, AHAF, ISOA, ISAO, Wyeth Nederland, Danone Research, KLM Royal Dutch Airlines, Heineken Nederland.
- Image Analysis research and clinical trials are carried out with: Danone Medical Nutrition, NeuroChem, Jansen Research Foundation, Novartis, Roche, Lundbeck and Servier, Wyeth, Medivation.
- Dr Scheltens receives no personal compensation from any of the above or others except the VUmc.



Neuroimaging

- Structural: CT/MRI
- Quantitative MR: spectroscopy, diffusion, perfusion, MTR
- Functional: PET/SPECT & fMRI
- Molecular imaging: e.g. amyloid



Special Article

Neurology 89(1):1143-1153



CME

**Practice parameter:
Diagnosis of dementia
(an evidence-based review)**
Report of the Quality Standards Subcommittee of the
American Academy of Neurology

D.S. Knopman, MD, S.T. DeLoach, MD, J.L. Cummings, MD, H. Chert, MD, J. Corey-Bloom, MD, PhD,
R. Bellotti, MD, PhD, G.W. Small, MD, R. Miller, MD, and J.C. Stevens, MD

EFNS TASK FORCE

**Recommendations for the diagnosis and management of
Alzheimer's disease and other disorders associated with dementia:
EFNS guideline**

Gunhild Waldemar, Bruno Dubois, Murat Emre, Jean Georges, Ian
G. McKeith, Martin Rossor, Philip Scheltens, Peter Tariska, Bengt
Winblad



AAN (2001)

EFNS (2005)

Practice recommendations.

- Structural neuroimaging with either a non-contrast CT or MR scan in the routine initial evaluation of patients with dementia is appropriate (Guideline).
- Linear or volumetric MR or CT measurement strategies for the diagnosis of AD and are not recommended for routine use at this time (Guideline).
- For patients with suspected dementia, SPECT cannot be recommended for routine use in either initial or differential diagnosis as it has not demonstrated superiority to clinical criteria (Guideline).
- PET imaging is not recommended for routine use in the diagnostic evaluation of dementia at this time (Guideline).

Recommendations:

Structural imaging should be used in the evaluation of every patient suspected of dementia: Non-contrast CT can be used to identify surgically treatable lesions and vascular disease (Level A).
To increase specificity, MRI (with a protocol including T1, T2 and FLAIR sequences) should be used (Level A).
SPECT and PET may be useful in those cases where diagnostic uncertainty remains after clinical and structural imaging work up, and should not be used as the only imaging measure (Level B).



European Journal of Neurology 2010; 17: 1330-1348
EFNS GUIDELINES/CME ARTICLE

doi:10.1111/j.1468-1531.2010.03040.x

EFNS guidelines for the diagnosis and management of Alzheimer's disease

J. Hort^a, J. T. O'Brien^b, G. Gainotti^c, T. Pirtilä^{d,1}, B. O. Popescu^e, I. Rektorova^f, S. Sorbi^g and P. Scheltens^h on behalf of the EFNS Scientist Panel on Dementia

CT and MRI may be used to exclude treatable causes of dementia. Multislice CT and coronal MRI may be used to assess hippocampal atrophy to support a clinical diagnosis of AD (Level B). FDG PET and perfusion SPECT are useful adjuncts when diagnosis remains in doubt (level B). Dopaminergic SPECT is useful to differentiate AD from DLB (level A). Follow up with serial MRI is useful in a clinical setting to document disease progression (good practice point).



Changing roles of imaging

- From excluding treatable causes
 - Neoplasm, hydrocephalus, subdural
 - “Yield” – <1% to <5%?
- To making a positive diagnosis
 - moving from “dementia” to a specific diagnosis because
 - Patients and carers want to know
 - Prognostic value
 - Guide treatments and research

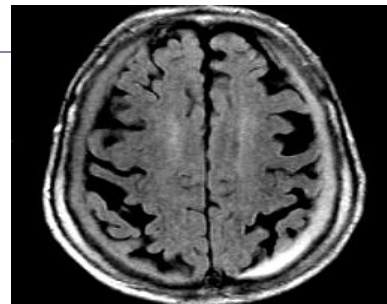
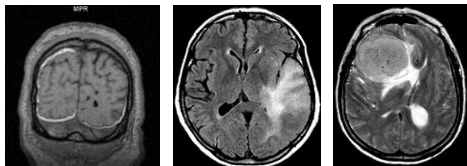
What to image and how

- Exclude structural causes (CT/MRI)
- Assess signal change on T2/PD MRI or FLAIR
- Assess pattern of atrophy (T1 – coronal)
 - Is there focal atrophy? FTD
 - Hippocampal atrophy? AD
- Consider other imaging – PET etc

Reviews

Structural magnetic resonance imaging in the practical assessment of dementia: beyond exclusion

Philip Scheltens, Nick Fox, Frederik Barkhof, and Charles De Carli



Dementia: differential diagnosis

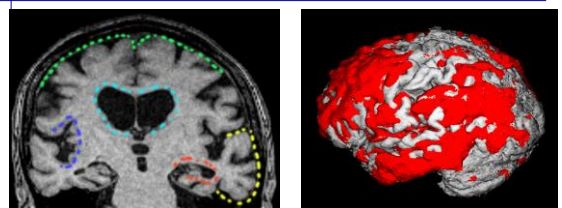
By prevalence

- Alzheimer's Disease
- Vascular Dementia
- Dementia With Lewy Bodies
- Frontotemporal Dementia

Characteristic features

- Prion Diseases
- Progressive Supranuclear Palsy
- HD; Leukodystrophies, SCAs, CADASIL ...other

Imaging the 'fingerprint' of AD

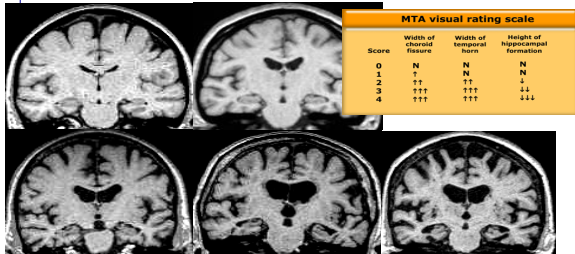


Visual inspection

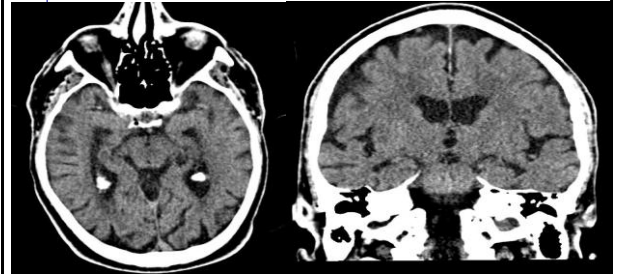
VBM

Karas GB, Neuroimage 2003;18:895-907

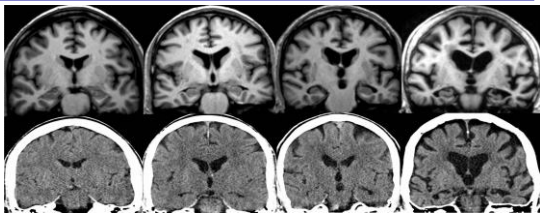
Medial temporal lobe atrophy



Also on (Multi slice) CT !



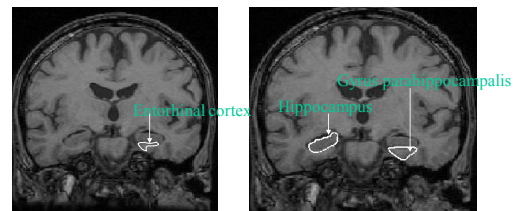
Multidetector CT in dementia



64 slices, 0.6 mm slice collimation, 5 sec acquisition time

Wattjes M, et al Radiology, 2009

Volumetry of MTA



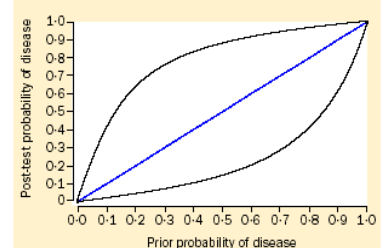
Diagnostic value of MTA AD vs ND (n=107)

	MMSE	VOLUME	VISUAL
Sensitivity	76 (68-84)	78 (70-86)	90 (84-96)
Specificity	85 (78-92)	91 (86-96)	98 (100-96)
+LR		8.7	45

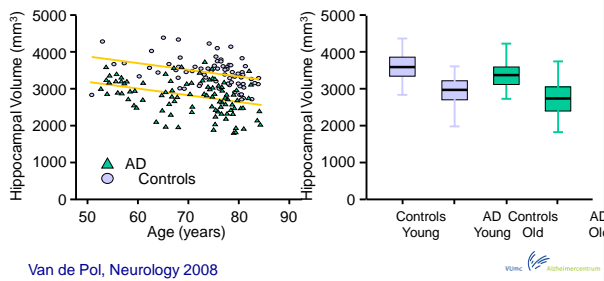
Wahlund et al. JNNP 2000;69:630-635

Diagnostic value of MTA in AD

all studies:
sens 85%
spec 88%



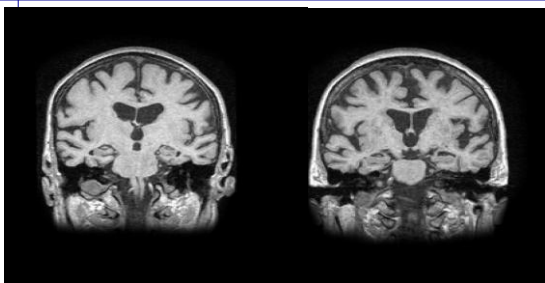
Hippocampal Atrophy in Alzheimer's Disease: Age Matters



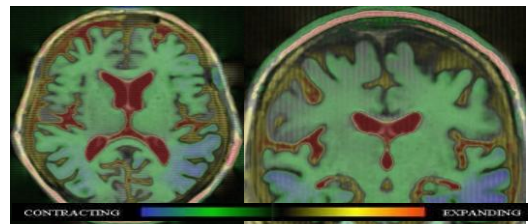
MCI - baseline



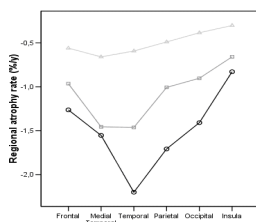
MCI - 2 year later



FLUID - non-linear registration



FLUID - regional pattern of atrophy

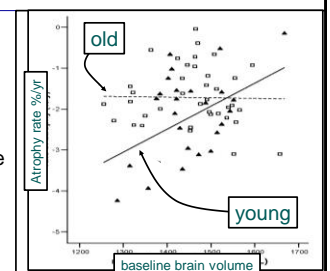


- controls - 0.5%/yr
 - no spatial predilection
- MCI accelerating atrophy
 - (medial) temporal
- AD accelerating atrophy
 - temporoparietal

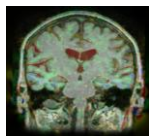
Fast progressors?

Fast progressors = high rate of atrophy

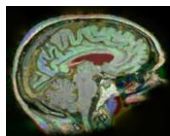
- Young onset patients
Especially if also:
 - small baseline brain volume but spared hippocampus
- Genotype
 - APOE e4 negative



Fast progressors?



Typical slow progressor
Old (74 years)
APOE e4 positive
Predominantly temporal



Typical fast progressor
Young (53 years)
APOE e4 negative
Spared hippocampus
(note posterior atrophy!)

Medial temporal lobe atrophy on MRI predicts dementia in patients with mild cognitive impairment

Esther S.C. Korf, MD, Lars-Olaf Wahlund, MD, PhD, Peter Julie Visser, MD, PhD, and Philip Scheltens, MD, PhD

July 11 of 2004 NEUROLOGY 63

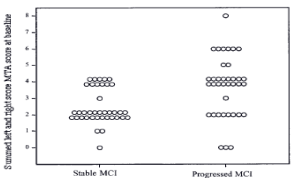


Figure 2. Medial temporal lobe atrophy (MTA) distribution in stable mild cognitive impairment (MCI) and progressive MCI. On the y axis, the summed left and right MTA score is displayed in the two groups.

Medial temporal lobe atrophy on MRI predicts dementia in patients with mild cognitive impairment

Esther S.C. Korf, MD, Lars-Olaf Wahlund, MD, PhD, Peter Julie Visser, MD, PhD, and Philip Scheltens, MD, PhD

July 11 of 2004 NEUROLOGY 63

Table 2 Cox regression: univariate analysis

Parameter	Hazard ratio (95% CI)
MTA summed score	1.48 (1.19-1.84)
MTA dichotomized score	2.05 (1.47-6.41)
Age	1.09 (1.05-1.07)
Female gender	1.30 (0.64-2.64)
Education	0.99 (0.82-1.06)
MMSE	0.94 (0.87-1.02)
CER Sum of Boxes	1.35 (1.03-1.78)
Verbal Delayed Recall	1.09 (0.89-1.31)
Hypertension	0.62 (0.27-1.42)
Depression	0.76 (0.38-1.52)
APOE e4 genotype	1.85 (0.91-3.77)
WMH	1.01 (0.94-1.08)

Cox regression with follow-up as time variable and outcome (decline to dementia) as status variable.

* p < 0.001.

† p = 0.005.

‡ p < 0.05.

MTA = medial temporal lobe atrophy; MMSE = Mini-Mental State Examination; CER = Clinical Dementia Rating Scale; WMH = white matter hyperintensity.

Qualitative Estimates of Medial Temporal Atrophy as a Predictor of Progression From Mild Cognitive Impairment to Dementia

Charles DeCarb, MD, Giovanni B. Frisoni, MD, Christopher M. Clark, MD, Danielle Harvey, PhD, Michael C. Donohue, MD, MPH, David C. Fennell, MD, PhD, David J. Thal, MD, David J. Thal, MD, MPH, Clifford R. Jack, Jr., MD, Philip Scheltens, MD, PhD, for the Alzheimer's Disease Cooperative Study Group

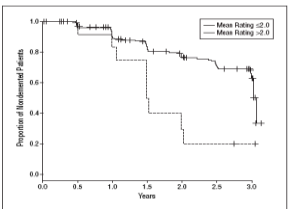
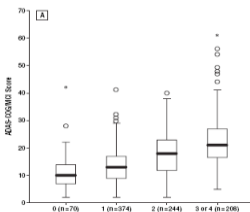


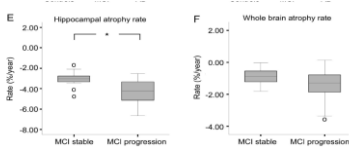
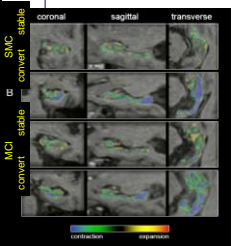
Figure 4. Kaplan-Meier curves for participants with medial temporal atrophy ratings of 2.0 or less compared with those with ratings greater than 2.0.

Magnetic Resonance Imaging Predictors of Cognition in Mild Cognitive Impairment

Laurens A. van der Pol, MD, Esther S. C. Korf, MD, Wieje M. van der Flier, PhD, H. Robert Brashear, MD, Nick C. Fox, MD, FRCP, Frederik Barkhof, MD, PhD, Philip Scheltens, MD, PhD



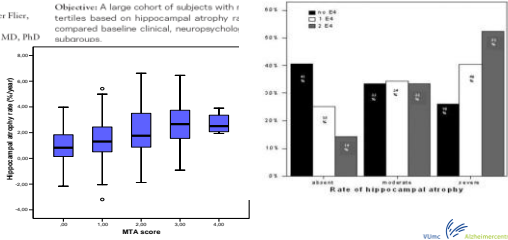
Longitudinal MRI – hippocampus is best!



Baseline predictors of rates of hippocampal atrophy in mild cognitive impairment

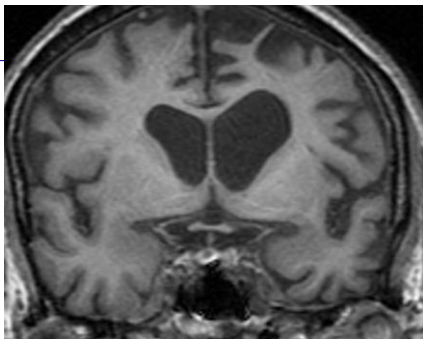
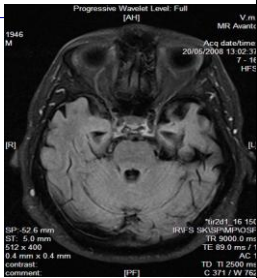
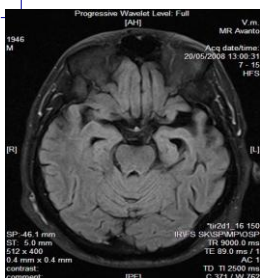
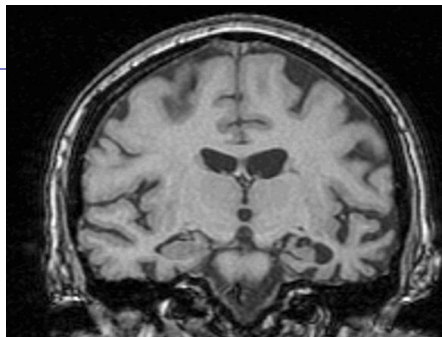
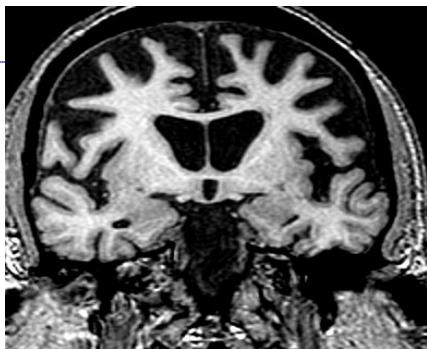
L.A. van de Pol, MD, PhD
W.M. van der Flier, PhD
E.S.C. Korf, MD, PhD
N.C. Fox, PI
F. Barkhof, J.
P. Scheltens,

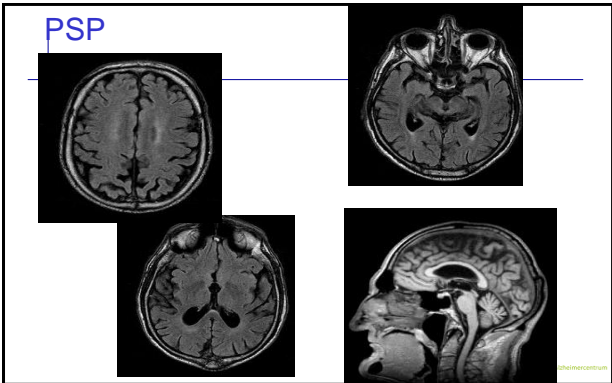
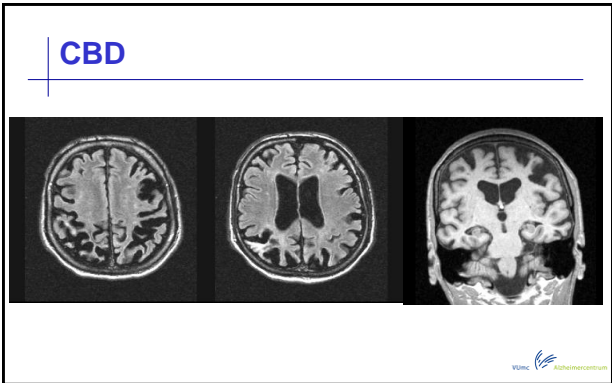
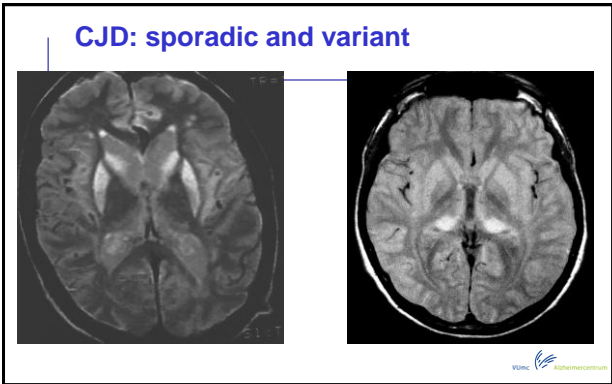
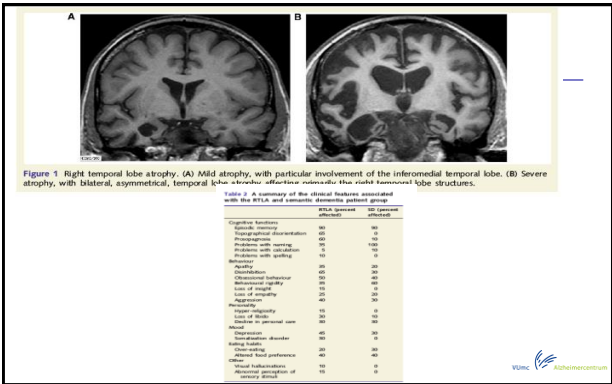
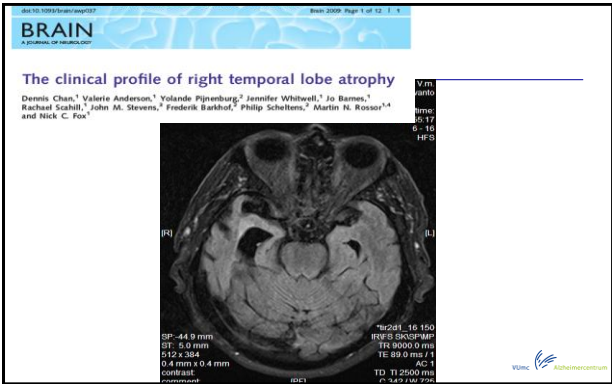
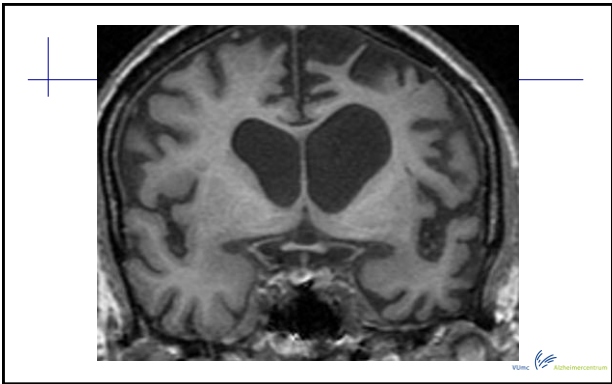
ABSTRACT
Objective: A large cohort of subjects with 1
tertiles based on hippocampal atrophy 12
compared baseline clinical, neuropsycholo
subscores.



Other brain lesions

- Lobar atrophy
- Vascular changes
- (lacunar) infarcts
- white matter changes
- microbleeds

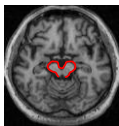




PSP: established imaging features

Midbrain

reduced size,
Mice
Hummingbirds
Penguins
Morning glory



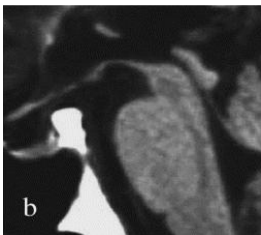
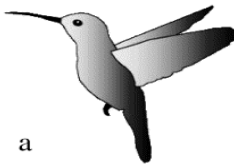
SCP

Third ventricle

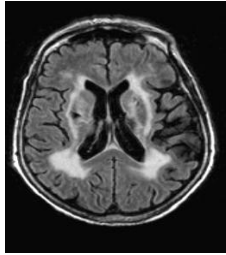
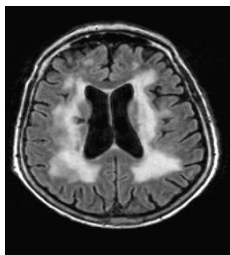
enlarged relative to lateral ventricles

Frontal atrophy

PSP - humming bird sign

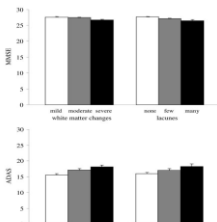


And now for the White matter....



Small Vessel Disease and General Cognitive Function in Nondisabled Elderly
The LADIS Study

Wiesje M. van der Flier, PhD; Elizabeth C.W. van Straaten, MD; Frederik Barkhof, MD, PhD;
Ana Veldelis, MD; Sofia Machado, PsyD; Leonardo Pantoni, MD, PhD; Domenico Inzitari, MD;
Timo Erkinjuntti, MD, PhD; Milica Crosby, MD, PhD; Gunhild Waldemar, MD, DMSc;
Reinhold Schmidt, MD; Franz Fazekas, MD; Philip Scheltens, MD, PhD;
on behalf of the LADIS Study Group



Progression of Mild Cognitive Impairment to Dementia
Contribution of Cerebrovascular Disease Compared With Medial Temporal Lobe Atrophy

Salka S. Staekenborg, MD; Esther L.G.E. Koedam, MD; Wouter J.P. Hennenman, MD;
Pauline Stokman; Frederik Barkhof, MD, PhD;
Philip Scheltens, MD, PhD; Wiesje M. van der Flier, PhD

Table 3. Cox Regression Analysis

	AD		Non-Alzheimer Dementia	
	Model 1	Model 2	Model 1	Model 2
MTA	2.9 (1.7–5.0)	2.9 (1.7–5.3)	2.9 (1.1–7.9)	2.5 (0.8–7.2)
GCA	1.6 (0.8–3.1)	1.4 (0.7–2.7)	2.4 (0.8–7.0)	2.2 (0.7–7.0)
PHHs	1.3 (0.7–2.2)	1.1 (0.7–2.0)	7.3 (1.7–32.4)	6.5 (1.4–29.8)
DWMTs	1.4 (0.8–2.4)	1.3 (0.8–2.3)	5.7 (1.5–25.5)	5.7 (1.2–26.7)
Total WMHs	1.3 (0.8–2.2)	1.2 (0.7–2.2)	6.0 (1.3–26.8)	5.8 (1.2–26.6)
Lacunae	1.2 (0.6–2.4)	1.1 (0.5–2.2)	2.3 (0.8–6.8)	2.1 (0.7–6.4)
Lacunae basal ganglia	1.4 (0.7–3.0)	1.2 (0.6–2.6)	2.7 (0.9–8.1)	2.4 (0.8–7.5)
Microbleeds	0.7 (0.3–2.0)	0.8 (0.2–2.2)	2.5 (0.9–7.2)	2.6 (0.9–7.5)
Infarcts	0.8 (0.3–2.6)	1.1 (0.3–3.8)	0.8 (0.1–6.6)	1.4 (0.2–12.1)

MTA indicates medial temporal lobe atrophy; GCA, global cortical atrophy. Data are presented as HR (95% CI). Cox regression analysis compared progression to AD and non-Alzheimer dementia with nonconverters. The first model was unadjusted; the second model was adjusted for age and sex.

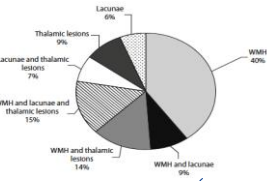
Small vessel versus large vessel
vascular dementia

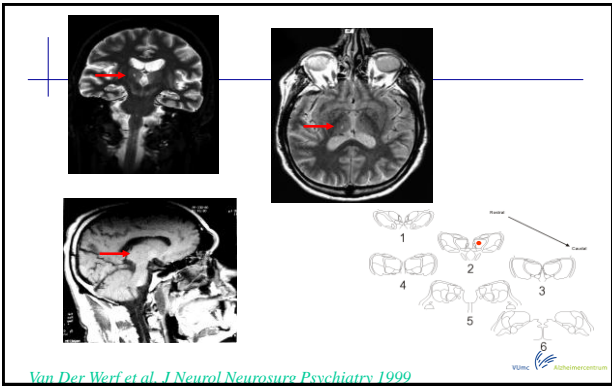
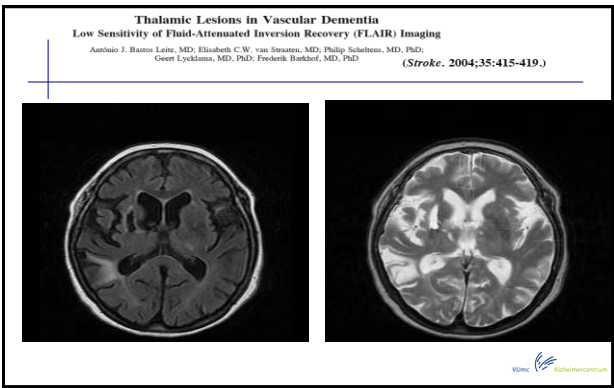
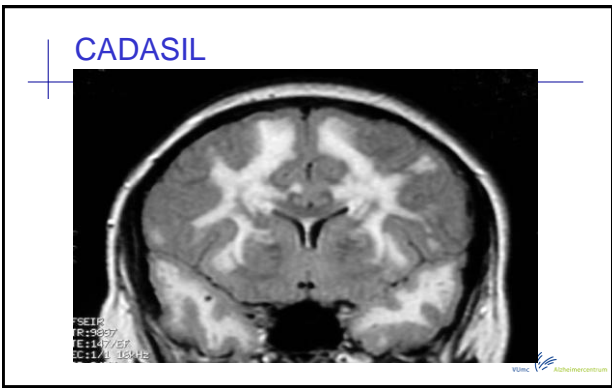
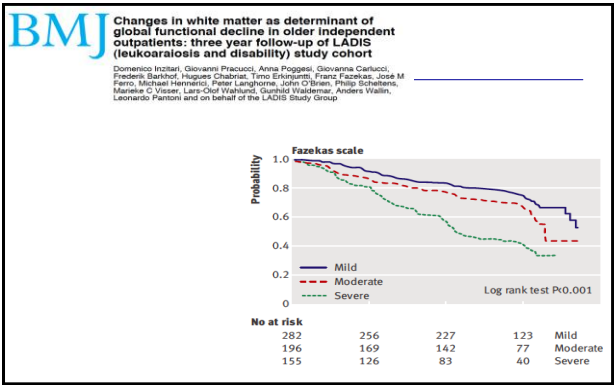
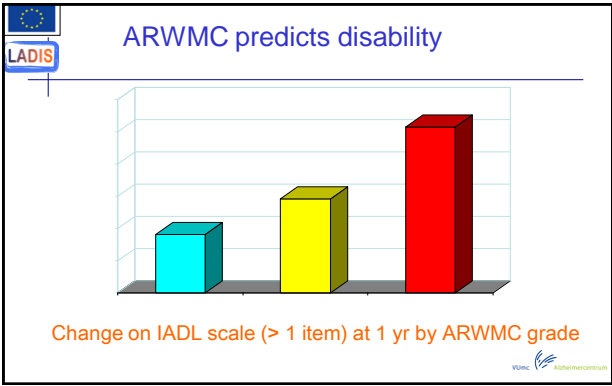
Risk factors and MRI findings

Salka S. Staekenborg
Elizabeth C.W. van Straaten
Wiesje M. van der Flier
Roger Lane
Frederik Barkhof
Philip Scheltens

Table 2 Characteristics

	Small vessel disease	Large vessel disease	Small & large vessel disease	
Number of patients	522	126	58	
Demographics				
Age (years)	73 (8)	71 (8)*	72 (8)	p < 0.05
Sex n (% men)	314 (60%)	84 (67%)	42 (72%)	ns
Education (years)	9.0 (4.0)	10.7 (3.7)*	9.4 (3.8)	p < 0.001
MMSE	19.2 (3.8)	18.6 (4.1)	17.5 (4.0)*	p < 0.01
MRI				
ARWMC ¹	16.5 (4.9)	6.5 (4.3)* ^{1,2}	13.6 (5.5)*	p < 0.001
Cortical atrophy	1.5 (0.8)	1.2 (0.8)*	1.4 (0.8)	p < 0.001
MTA ¹	1.7 (0.9)	1.4 (1.1)*	1.7 (0.9)	p = 0.001





Microbleeds

- Mini bleedings small vessels
- Small dot-like lesions with low signal intensity
- Visible on T2*-weighted MRI
- Prevalence general population: 3%-6%
- Far higher percentages in stroke

Memory clinic population?
Especially Alzheimer's disease?

Prevalence and severity of microbleeds in a memory clinic setting

C. Condominier, MD, W.M. van der Flier, PhD, J.D. Sluiter, MD, D. Leys, MD, PhD, F. Barkhof, MD, PhD, and P. Scheltens, MD, PhD

- 772 patients Alzheimer Centre Vumc
- Microbleeds counted
- 17% ≥ 1 microbleed
- prevalence ~ diagnosis

Table 1 Demographic data, MMSE score, and MB prevalence in overall population and among patients with and without MBs according to diagnostic groups

	Subjective complaints, n = 184	MCI, n = 90	AD, n = 223	VaD, n = 31	Other types of dementia, n = 94	Other disorders, n = 150
Age, mean ± SD, y	61 ± 12	71 ± 8	70 ± 9	71 ± 9	66 ± 10	62 ± 11
Men, n (%)	100 (54)	47 (52)	89 (40)	16 (56)	59 (63)	96 (64)
MMSE, mean ± SD	28 ± 2	36 ± 2	20 ± 6	22 ± 6	23 ± 5	27 ± 4
Arterial hypertension, n (%)	60 (33)	25 (28)	76 (34)	12 (40)	33 (36)	41 (27)
Prevalence of MBs, n (%)	18 (10)	18 (20)	41 (18)	20 (65)	9 (10)	21 (14)
Odds ratio (95% CI)	1.0 (ref.)	2.3 (1.1–4.7)	2.1 (1.2–3.8)	15.9 (6.6–38.7)	1.0 (0.4–2.3)	1.6 (0.8–3.1)

MB = microbleed; MCI = mild cognitive impairment; AD = Alzheimer disease; VaD = vascular dementia; MMSE = Mini-Mental State Examination.

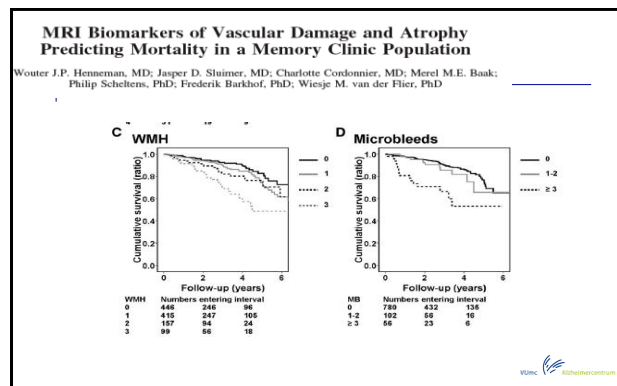
Microbleeds in CAA

Prevalence and risk factors of cerebral microbleeds

The Rotterdam Scan Study

Table 2 Age-specific prevalence of cerebral microbleeds

Age range	No. of persons	Cerebral microbleeds, % (n)	Multiple cerebral microbleeds, % (n)
60–69 y	670	17.8 (119)	5.4 (36)
70–79 y	272	31.3 (85)	16.5 (45)
80–97 y	120	38.3 (46)	23.3 (28)



Neurosci Lett (2005) 28:367–369
DOI 10.1007/s10072-005-0493-7

LETTER

P.J. Modrego · J. Mojonero · M. Serrano · N. Fayed

Fahr's syndrome presenting with pure and progressive presenile dementia

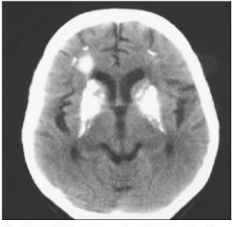


Fig. 3 Brain CT slice with extensive calcifications in basal ganglia and frontal white matter

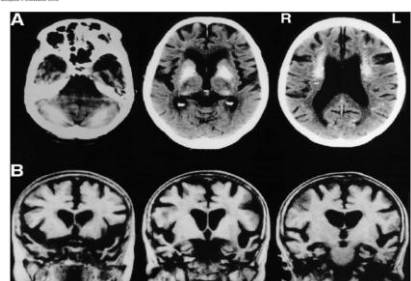
Short communication

Neuroradiologic and clinical abnormalities in dementia of diffuse neurofibrillary tangles with calcification (Kosaka–Shibayama disease)

Yasuhito Ito^{a,b,c,*}, Takashi Kato^a, Tomomi Suzuki^a, Yuki Yokokawa^a, Isako Aiba^a, Yutaka Arimura^a, Eiichi Ito^a, Kengo Ito^a, Takashi Yoneda^a, Goro Sobue^a

^aDepartment of Neurology, Shiga University Medical School, Shiga, Japan; ^bDepartment of Neurology, Kyoto University Graduate School of Medicine, Kyoto, Japan; ^cDepartment of Radiological Science, National Institute for Advanced Industrial Science and Technology, Tokyo, Japan

Received 21 October 2005; accepted 6 December 2005



NPH

Trias: dementia, gait disorder, urine incontinence

- Executive dysfunction

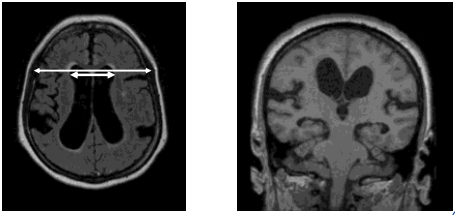
Not a disease; a syndrome

CT/MRI: enlarged ventricles

Good shunt responses (sens 91%, spec 50%):

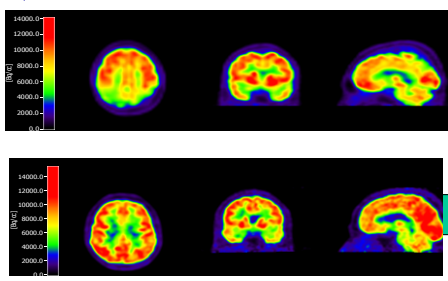
- Gait >> cognition
- Frontal horn index > 0.40
- None/mild white matter changes a.o. cortical atrophy
- External drainage not a good predictor

NPH : shunt response (?)



0.38

FDG-Glucose metabolism



ALZHEIMER

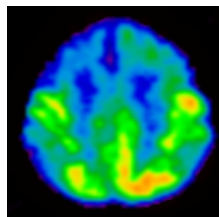
CONTROL

FDG PET

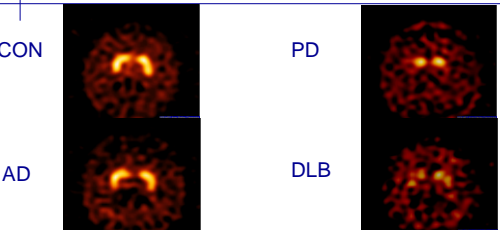
- sensitivity of 93% (191/206) and specificity of 76% (59/78)
- in pathologically verified cases sensitivity was 94% and specificities of 73% (AD) and 78% (other dementias);
- a negative PET scan indicates no progression in a 3 year follow-up

Silverman DH, Small GW, Chang CY, et al. Positron emission tomography in evaluation of dementia: Regional brain metabolism and long-term outcome. *Journal of the American Medical Association*. 2004;292:3420–3427.

FDG-PET



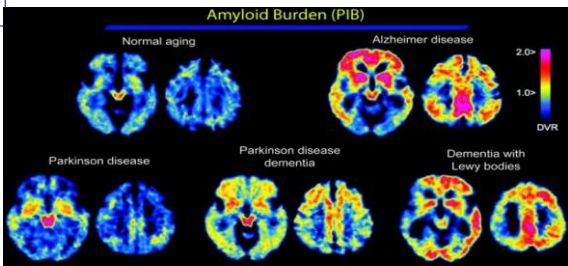
DAT-scan (Dopaminergic transporter)



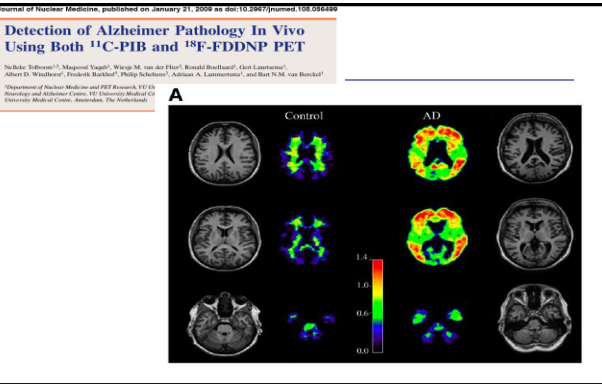
O'Brien et al, Arch Neurol, 2004

DLB v AD: Sens 88%, Spec 85%

Molecular imaging - PIB



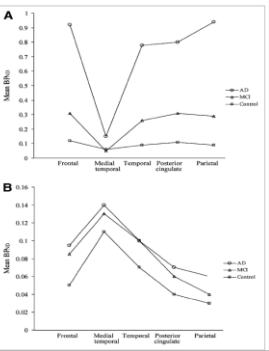
Gomberts et al, 2008



Detection of Alzheimer Pathology In Vivo Using Both 11C-PIB and 18F-FDDNP PET

Nichols, Balthasar^{1,2}, Maguire, Yaghi³, Wang, M. van der Ploeg⁴, Ronald-Bleeker⁵, van Lier, H. M. A. M. van der Ploeg⁶, J. van der Ploeg⁷, Philip Scheltens⁸, Adriaan A. Lammens⁹, and Bart N.M. van Berckel¹

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Position Paper

Research criteria for the diagnosis of Alzheimer's disease: revising the NINCDS-ADRDA criteria

Research criteria for the diagnosis of Alzheimer's disease: revising the NINCDS-ADRDA criteria

- Panel 2: Diagnostic criteria for AD**
- Probable AD:** A plus one or more supportive features B, C, D, or E
- Core diagnostic criteria**
- A. Presence of an early and significant episodic memory impairment that includes the following features:
1. Gradual and progressive change in memory function reported by patients or informants over more than 6 months
 2. Objective evidence of significantly impaired episodic memory on testing that generally consists of recall deficit that does not improve significantly or does not normalize with cueing or recognition testing and after effective encoding of information has been previously controlled
 3. The episodic memory impairment can be isolated or associated with other cognitive changes at the onset of AD or as AD advances
- Supportive features**
- B. Presence of medial temporal lobe atrophy
- Volume loss of hippocampus, entorhinal cortex, amygdala evidenced on MRI with qualitative ratings using visual scoring (referenced to well characterized population with age norms) or quantitative volumetry of regions of interest (referenced to well characterized population with age norms)
- C. Abnormal cerebrospinal fluid biomarker
- Low amyloid β_{42} concentrations, increased total tau concentrations, or increased phosphorylated tau concentrations, or combinations of the three
 - Other well validated markers to be discovered in the future
- D. Specific pattern on functional neuroimaging with PET
- Reduced glucose metabolism in bilateral temporal/parietal regions
 - Other well validated ligands, including those that forcefully will emerge such as Pittsburgh compound B or FDDNP
- E. Proven AD autosomal dominant mutation within the immediate family

Conclusions

- Neuroimaging is part of the diagnostic process
- Medial temporal lobe atrophy on MRI helps identifying AD and absence rules against it
- MRI helps identifying other contributing factors that may be amenable to treatment
-
- PET and SPECT is useful especially in cases where diagnostic doubt exists

